

How Much Should I Spend on a Mattress?

Is it worth spending a bit more on a mattress? Or will a £200 mattress do?



A mattress is an investment and it's no wonder you have trouble deciding on the perfect model for you: is the price due to quality or simply due to marketing?

Note: "Contains natural fibres" can be deceiving, even with a budget of £800. Natural fibre mattresses don't exist for budgets below £800, and the mattress you love could have just 1%!

Did You Know?

Polyester is the cheapest most used fibre across mass-produced mattresses.

Is it Time for a New Mattress?

Is your mattress...



- ✓ ...7-10 years old?
- ✓ ...making you wake up in pain?
- ✓ ...getting lumps and bumps?

How Do You Choose?

1 Decide on your budget.

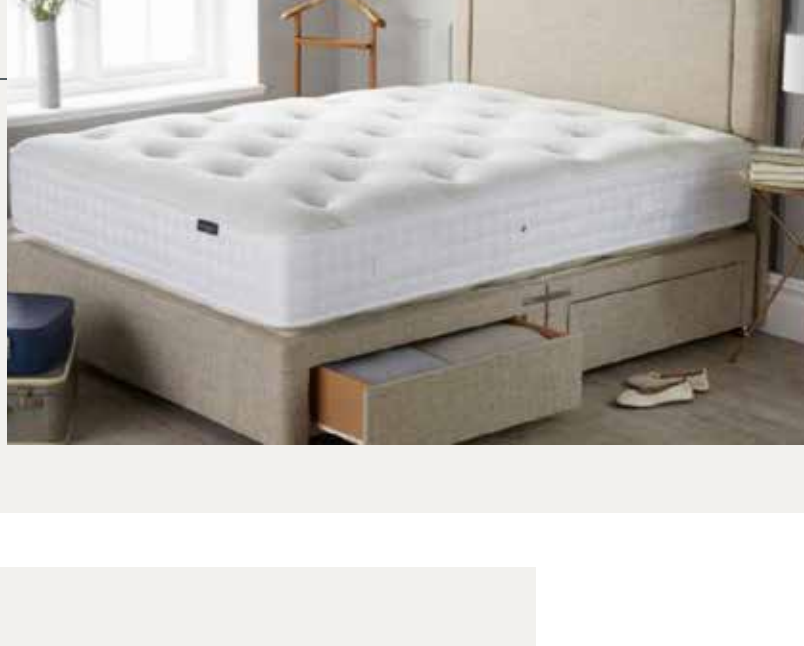


2

Research what the mattress is made of - Man made, or natural fibres



3 Find 'like-for-like' mattress models for your budget.



4

Look at additional details to make your decision.

- Fabric quality
- Detailing
- Service
- Guarantee



Did You Know?

Most manufacturers don't include basic details in descriptions for their mattresses.

5 Always look for the best components when comparing.



What's the Difference Between Polyester and Natural Fibres?

Polyester	Vs.	Natural Fibres
Less Expensive		More Expensive
Shorter Life Span		Longer Life Span
Develops Permanent Dents		More Resilient Surface
Mass-Produced		Handmade
Always in Stock		Limited Availability
Warmer Sleep Surface		Cooler Sleep Surface

What Does Your Money Get You for a Double Mattress?

£500

13.5 gauge open coil or cage sprung with a thin polyester layer.

£750

Reasonable orthopaedic mattress or the start of a basic pocket spring mattress with 800-1,000 spring count. Fillings are typically foams and synthetic materials.

£1,000

Basic pocket spring models

£1,250

Average pocket sprung mattress.

£1,500

Mid-range models across many manufacturers.

£1,500 - £2,000

Handmade mattress mainly built with natural fibres.

£2,000 +

Traditional construction methods and a mattress made from 100% natural fibres.



Did You Know?

Vicuna is the most expensive natural fibre in the world.

£5,000 +

Bespoke, handmade mattress composed of high-end spring units and the world's most luxurious natural fibres.